

**ADDENDUM TO STRONG FOR LIFE QUESTIONNAIRE
AND INFORMED CONSENT/RELEASE**

I understand that any and all nutritional and training programs obtained from Strong For Life and any trainers associated with Strong For Life, are the exclusive property of Strong For Life and shall not be copied or reproduced in any way. Said information shall not be shared with anybody else and is intended for use only by the individual who paid for the training session, and/or any other type of program.

I understand that Kim Saari, DBA Strong For Life, is not a licensed nutritionist. All nutritional information given is only to be used as guidelines to help the client meet their nutritional needs/goals.

I agree with the above:

Signature

Date